

HDCSB INDOOR TOUCH FOOTBALL TOURNAMENT

Jean Vanier CSS Dome

February 28, March 4 – Girls

February 27, March 5, March 25 – Boys

Tournament Convenor Lee Condon

SHOOT OUT FORMAT

2 officials Referee and Umpire split field

2 bean bags mark the LOS and 10 yard mark

- **One hand touch**
- **One foot inbounds completed pass**
- **Coin Toss**
- **Winner is toss must choose to be offence or defence**
- **40 min run time, if time ends between plays, offensive team gets last play**
- **No half time**
- **1 time out per team**
- **No overtime**
- **Offence is 6 receivers and QB**
- **Defence 7 players – no rusher**
- **Offence starts on 45 yard line going in one direction**
- **3 downs for 10 yards**
- **End zone is on 10 yard line to dead ball line**
- **Play starts on Referee whistle**
- **Ball placed on QB tee**
- **3.2 seconds timed by QB tee, beeps when time is up and play is dead.**
- **No running for QB or others behind line of scrimmage**
- **Must be passed forward beyond LOS**
- **No punting or rouges**

Scoring:

Touchdown 6 pts

Converts

- **1 pt from 5 yard**
- **2 pt from 10**

Penalties will be assessed based on regular outdoor TFONT touch football rules.